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Education:

09/2002- 06/2006

California School of Professional Psychology

- Doctor of Psychology (Psy.D)
- Emphasis in Clinical Psychology- Individual, Family, and Child

09/2002- 06/2004

California School of Professional Psychology

- Master of Art (M.A.), Clinical Psychology

09/1999- 06/2002

University of California, Irvine

- Bachelor of Art (B.A), Psychology
- Magna Cum Laude
- Phi Beta Kappa

Clinical Experience:

1/2014- Present

Associate Professor

- Los Angeles Valley College
- Learning Skills
- Instructor on record for Learning Skills classes designed to help students determine their learning styles, gain more insight into their personal strengths and weaknesses, and tailor their study strategies to optimize their ability and speed of learning and retention.

1/2010 – 1/2014

Assistant Professor

- Los Angeles Valley College
- Learning Skills
- Instructor on record for Learning Skills classes designed to help students determine their learning styles, gain more insight into their personal strengths and weaknesses, and tailor their study strategies to optimize their ability and speed of learning and retention.

6/2008 – Present

Private Practice

- Encino, CA
- Individual, Family, and Child therapy specializing in the areas of Anxiety, Depression, PTSD, Stress Management, and

Adjustment Issues. Treatment is cognitive behavioral. Conceptualization is primarily psychodynamic. Psycho-educational Assessment/ Evaluation for ADHD & Learning Disabilities.

01/2008- Present

Learning Disability Specialist

- Los Angeles Valley College
- Responsibilities include organizing, coordinating, and implementing the learning disability testing program which is designed to assess whether college students are eligible for accommodations based on the presence of a learning disability as determined by Title 5. Further responsibilities include the training and supervision of doctoral candidates in clinical psychology.

07/2006- 01/2008

Staff Therapist

- Child and Family Center
- Primary Supervisor: Larry Resendez, Psy.D.
- Secondary Supervisor: Deborah Evans, MFT.
- Direct Services include individual and family therapy with children and adults on the Cal Works program. Primary diagnoses for children include behavioral disorders, ADHD, PDD, and depression and for adults include depression, anxiety, and PTSD. Direct services also include therapy with infants/toddlers and their families with the Watch, Wait, and Wonder paradigm. Direct services with these populations include administration of intake interviews as well as conducting individual, family, and collateral therapy. Indirect services include determination of diagnosis, Department of Mental Health paperwork including therapy goals, progress notes, group supervision, individual consultation, and case presentations.

09/2005- 06/2006

Psychology Intern

- Los Angeles Child Guidance Clinic
- Primary Supervisor: Isabel Garcia, Ph.D.
- Secondary Supervisor: Wendy Sun, Psy.D.
- Direct services include the administration of intake interviews as outlined by the

Department of Mental Health, individual child/adolescent therapy, family therapy, collateral therapy, early intervention (ages 0-5) therapy, classroom assistance in early intervention day treatment program, and community outreach (i.e.: consultation with teachers). Indirect services include diagnosing, Department of Mental Health paperwork including therapy goals, progress notes, group supervision, individual consultation, and case presentations.

09/2004- 07/2005

Psychology Intern

- Child & Family Center
- Primary Supervisor: Marina Bochkur-Dratver, Psy.D.
- Secondary Supervisor: Lori VanHowten, M.F.T.
- Direct services include the administration of intake interviews as outlined by the Department of Mental Health, family therapy, individual child therapy, collateral therapy, community outreach (i.e. consultation with teachers), and psychological testing (including both cognitive and personality testing). Indirect services include diagnosing, clinical assessments, progress notes, report writing, case presentation, case disposition, group supervision, individual consultation and all Department of Mental Health paperwork.

10/2002- 08/2005

Learning Disability Examiner/Assessor

- Los Angeles Valley College (L.A.V.C.); Disabled Students Programs and Services (D.S.P.S.)
- Primary Supervisor: Ali R. Ghassemi, Psy.D.
- Direct services include the administration of the intake interview, Academic Attribute Survey-II (A.A.S), Bender-Gestalt, Rey-O, Wide Range Achievement Test (WRAT), Raven Standard Progressive Matrices (SPM), Nelson- Denny Reading Test (N-D), Degrees of Reading Power (DRP), Wechsler Adult Intelligence Scale (WAIS-III), Woodcock-Johnson Tests of Achievement, and the Woodcock-Johnson Tests of Cognitive Ability. Indirect services include the scoring and interpretation of these tests

as well as evaluating whether each student meets the criteria for a learning disability title under the requirements of the California Community College District.

08/2003- 7/2004

Mental Health Practicum Student

- San Fernando High School- School Based Teen Clinic (Northeast Valley Health Corporation)
- Primary Supervisor: Brian Flame, M.F.T
- Secondary Supervisor: Nancy Flax-Plaza, L.C.S.W
- Direct services include the administration of intake interviews, individual therapy, group therapy, family therapy, and crisis intervention. Indirect services include diagnosing clients, clinical assessments, progress notes, and case presentations.

07/2000- 02/2003

Senior Behavioral Therapist

- Center for Autism and Related Disorders
- Primary Supervisor: Henry Moore, M.A.
- Direct services included teaching appropriate behaviors to autistic children, preventing and redirecting self-injurious and repetitive/stereotype behavior, teaching and initiating socialization skills, implementing new drills, and being the liaison between the parents and the case supervisor. Indirect services included maintaining the log/drill book, supervising the junior therapists on each case, and writing quarterly reports for each case.

Research Experience:

04/2003- Present

Research Assistant

- Supervisor: Ali R. Ghassemi, Psy.D.
- Topic: 'Ability of the WRAT and SPM alone to accurately predict mental retardation'
- Responsibilities include data collection, organization, and interpretation to determine if the SPM and WRAT are accurate predictors of mental retardation based upon the requirements set forth by the California Community College District.

04/2002- 06/2002

Research Assistant

- Supervisor: Henry Moore, M.A.
- Topic: ‘C.A.R.D. client recovery rate project’
- Responsibilities included the collection and organization of data regarding the rate and level of social skill acquisition achieved and maintained for past C.A.R.D. clients.

01/2001- 02/2002

Social Skills Leader

- Supervisors: Ronald Kotkin, Ph.D.; Steve Simpson, M.A.
- Topic: Could ADHD be diagnosed and treated in preschool?
- Responsibilities included teaching a group of 10-15 preschool aged children, with ADHD, appropriate social skills in a relaxed classroom environment one night per week during which their parents were taught behavior modification techniques by the project supervisors.

Publications:

06/2011

Author

- “Nika Goes to Camp”
- A children’s book addressing anxiety in relation to leaving home for the first time. Provides coping strategies and normalizes fears.

12/2004

Contributing Writer

- “This Book is Not Required”- Third Edition
- Contributed three different stories of personal experience to the book. The book is a tool to introduce students to the sociological analysis and personal reflection of college life.

Presentations/ Seminars:

2/2013

ADHD & Learning Disabilities in Children & Adolescents

- Armenian Relief Society, Lori Chapter
- Presentation geared toward parents in the Armenian community to educate them about ADHD & Learning Disabilities. Discussed identification and treatment options.

10/2011

Separation Anxiety: Identification, Prevention, and Intervention

- Homenetmen- Ararat Chapter, Glendale, CA
- Presentation geared toward parents in the Armenian community to help them learn to identify and address the signs and symptoms of separation anxiety.

10/2009 – 4/2010

Identifying, Preventing, and Addressing Bullying

- A.G.B.U. Manoogian- Demirdjian School, Canoga Park, CA
- Biweekly seminar geared toward 5th, 6th and 7th graders regarding defining what bullying is, the various types of bullying, how to intervene when a peer is getting bullied, and how to behave/ what to do if you are a victim of bullying.

10/2009

Bullying, Depression, and ADHD in Children

- A.G.B.U. Manoogian- Demirdjian School, Canoga Park, CA
- Presentation geared toward teachers regarding how to address the issues of bullying, depression, and ADHD with their students.

05/2009

Addressing the Emotional Needs of Children at Camp

- AYF Camp, Valyermo, CA
- Presentation geared toward camp counselors regarding how to address the emotional needs of campers and indicators of a cry for help.

Media Appearances:

6/2014

Psychology Behind Bystander Effect

- ABC 7 interview with Elex Michelson regarding how the bystander effect can influence people's reaction during traumatic situations.

2/2013

Addressing Sexual Behavior with Preschoolers

- ABC 7 interview with Elex Michelson regarding ways in which to speak with preschool aged children about exposure to sexuality.

5/2012

Healthy Transitions to Summer Camp

- ABC 7 interview with Health Specialist, Denise Dador, regarding techniques to prepare children for summer camp.

6/2012

Helping Autistic Kids Transition to Summer Camp

- Horizon Armenian TV/Armenian Autism Outreach Project live panel discussion regarding techniques that can be employed to help children with autism make a healthy transition to summer camp.

7/2012

Psychological Effects of Spanking Children

- ABC 7 interview with Health Specialist, Denise Dador, regarding the negative psychological effects of spanking children.

Certifications:

08/2008

Learning Disability Specialist

- California Community Colleges

Professional Affiliations:

01/2009- Present

Los Angeles County Psychological Association

- Full Member

06/2002- Present

Phi Beta Kappa

- Member

Languages:

Armenian and Turkish

- Speak, read, and write fluently